

EARLY YEARS SPOTLIGHT

Potty Training



There are **40 different skills** young children need to learn and put together to become **potty trained**. You don't need to wait for them to be able to do all these skills on their own before you start the process.

For potty training to go well, the child needs a **consistent approach** to help them learn what they need to do whether they're at **home** or in the **setting**.



Try it in practice

- Review your potty training policy in line with this [ERIC template](#)
- Share the [Potty Training Guide](#) with the team and families
- Explore this [Top Tips for Toilet Training](#) (from 6 months+)
- Reflect upon how you support children with [additional needs](#)

Further information

- Explore the full [ERIC potty training website](#)
- Listen to this [potty training podcast](#)
- Explore the help for early years providers [toilet training page](#)
- Explore this NSPCC guidance on [intimate care of children](#)



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